

Ephesians 6:10-18

(Fresh Start Bible, Pg 1046)

What is Prayer?

A spiritual battle requires spiritual strength.

Ephesians 3:16 “16 I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit.”

A spiritual battle requires spiritual weapons.

[2 corinthians 10:3-5](#) “3 We are human, but we don’t wage war as humans do. 4 We use God’s mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. 5 We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.”

What is “Praying in the Spirit?”

1. We pray aware God is with us in the moment. We quiet ourselves to become aware of Him.
2. We pray directed and inspired by the Spirit within us.
3. We pray with language of the Spirit.

Mark 16:17 “17 These miraculous signs will accompany those who believe: They will cast out demons in my name, and they will speak in new languages.”

Ephesians 5:17-20 “17 Don’t act thoughtlessly, but understand what the Lord wants you to do. 18 Don’t be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, 19 singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. 20 And give thanks for everything to God the Father in the name of our Lord Jesus Christ.”

Colossians 3:15-16 “15 And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful. 16 Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts.

Romans 8:26-27 “26 And the Holy Spirit helps us in our weakness. For example, we don’t know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words. 27 And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God’s own will.”

Jude 20 "20 But you, dear friends, must build each other up in your most holy faith, pray in the power of the Holy Spirit,"

A spiritual language is both a spiritual weapon and brings spiritual strength.

1 Corinthians 14:1-5, 14-20, 39 & 40

(Fresh Start Bible, Pg 1018)

PRACTICING THE WAY

As disciples of Jesus, we know our allegiance to Him as King is expressed in our daily practice. We are not pursuing perfection, but want to practice our faith each day. These practices will point you toward spiritual formation as an apprentice (disciple) to Jesus.

Start the Fresh Start Pathway with a friend.

Recite the Radiant Liturgy each morning:

We are the radiant people of God. We are consumed with the preeminence, purity, and beauty of the holy God who was before the beginning. He provided Redemption for us, making a way into a relationship that produces unimaginable renewal in our lives, and eventually, the world itself. So we gather to encounter His presence and be transformed into the radiant people of God. We are His apprentices and ambassadors. We are full of joy and peace and love. We are the people of God in full pursuit of the person of Jesus, the power of His presence, and actively walking in the pathway of His teachings. We long to see Him create renewal in the place we live. We are passionate about Jesus. We are radiant.

Talk it Over (with friends, a spouse, or connect group)

- Read Ephesians 6:10-18. What do you notice within this passage?
- Sunday's message was about becoming a radiant person of prayer. What was one big idea or application you took away from the message?
- Read 2 Corinthians 10:1-5. What are these verses about?
- When you hear the phrase, "Speaking in tongues," what comes to your mind? Is the phrase and practice Biblical?
- Being filled with the Spirit (Ephesians 5:17-20 & Colossians 3:15-16) is the idea of being continually filled to overflowing. Why do we need that overflow in our life to be radiant?
- According to 1 Corinthians 14:4, praying in tongues strengthens you. Why do we need strength? Is there an area of weakness or attack in your life that you need spiritual strength? Share it with your group and pray together.