

King Jesus Gospel _ Ep. 6

Matthew 5:21-26

²¹ “You have heard that our ancestors were told, ‘You must not murder. If you commit murder, you are subject to judgment.’ ²² But I say, if you are even angry with someone, you are subject to judgment! If you call someone an idiot, you are in danger of being brought before the court. And if you curse someone, you are in danger of the fires of hell.

²³ “So if you are presenting a sacrifice at the altar in the Temple and you suddenly remember that someone has something against you, ²⁴ leave your sacrifice there at the altar. Go and be reconciled to that person. Then come and offer your sacrifice to God.

²⁵ “When you are on the way to court with your adversary, settle your differences quickly. Otherwise, your accuser may hand you over to the judge, who will hand you over to an officer, and you will be thrown into prison. ²⁶ And if that happens, you surely won’t be free again until you have paid the last penny.

Jesus is warning us against RAGE.

Ephesians 4:29–32 (NLT)

²⁹ **Don’t use foul or abusive language.** Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them. ³⁰ And do not bring sorrow to God’s Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption.

³¹ **Get rid of all** bitterness, rage, **anger**, harsh words, and slander, as well as all types of evil behavior. ³² **Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.**

Rage needs to be reconciled.

James 1:19–20 (NLT)

¹⁹ Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. ²⁰ Human anger does not produce the righteousness God desires.

How to find relief in moments of raging anger:

1. Slow down
2. Stop talking
3. Seek God’s wisdom/insight.

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Where we do not reconcile our wrongs or release our rage, resentment will grow.

Matthew 7:1-11 (NLT)

"Do not judge others, and you will not be judged. ² For you will be treated as you treat others. The standard you use in judging is the standard by which you will be judged.

³ "And why worry about a speck in your friend's eye when you have a log in your own? ⁴ How can you think of saying to your friend, 'Let me help you get rid of that speck in your eye,' when you can't see past the log in your own eye? ⁵ Hypocrite! First get rid of the log in your own eye; then you will see well enough to deal with the speck in your friend's eye.

Our repentance is the first step toward reconciliation.

PRACTICING THE WAY

As disciples of Jesus, we know our allegiance to Him as King is expressed in our daily practice. We are not pursuing perfection, but want to practice our faith each day. These practices will point you toward spiritual formation as an apprentice (disciple) to Jesus.

Read through the Gospels (Matthew, Mark, Luke, John), slowly.

Meditate on each phrase of this Gospel summary:

The Gospel is the good news that God our Father, the Creator, out of His great love for us, has come to rescue us from sin, Satan, death and hell, and to renew all things, in and through the work of Jesus Christ on our behalf, to establish His kingdom, through His people who participate in loyal allegiance in the power of the Holy Spirit. This is for God's great glory, and our profound joy.

Talk it Over (with friends, a spouse, or connect group)

- Read Matthew 5:21-26. Sunday's message was about learning to pray for our enemies and not letting rage turn into resentment. Did anything speak to you or stir a question within you?
- What is the most angry you've been? Did it lead to any regret?
- Read Ephesians 4:29-32. What are these verses saying to you? What are some of the dangers to not resolving our anger?
- Read James 1:19-20. Anger often reveals something else is going on within our heart/souls. What are some of the reasons you get angry?
- Repentance helps repair our relationships, even after anger has damaged them. Can you recall a time when repentance helped you repair a relationship?